

# University of Louisiana at Lafayette

## College of Education Faculty Curriculum Vitae Information

### KATHERINE MAYA HERMANN, PH.D.

<p>Assistant Professor Counselor Education 270 Picard Center 337-482-6595 <a href="mailto:khermann@louisiana.edu">khermann@louisiana.edu</a></p>	
<p>Education</p>	<p>Doctor of Philosophy (Ph.D.), Counselor Education, The College of William &amp; Mary (2012)</p> <p>Master of Science (M.S.), Community Counseling, Texas A&amp;M University – Corpus Christi (2008)</p> <p>Bachelor of Arts (B.A.), Economics &amp; Managerial Studies, Rice University (2002)</p>
<p>Teaching Philosophy</p>	<p>My personal teaching philosophy is influenced by my experiences as an instructor and counseling clinician. I combine a cognitive developmental model with a multicultural perspective, which includes a postmodern feminist perspective grounded in Belenky, Clinchy, Goldberger, and Tarule's (1997) perspectives in <i>Women's Ways of Knowing</i>.</p> <p>From a cognitive developmental perspective, I believe each student enters the classroom at a different developmental level, and all learns can develop both personally and academically through a balance of guidance, support, and challenge. Through an active instruction process, students can advance to higher levels of conceptual complexity demonstrated by increased openness, flexibility, complexity, and tolerance of differences.</p> <p>While a developmental framework accurately describes my view of student growth, I believe that no teaching framework completely meets students' needs without a multicultural component; therefore, my philosophy is conceptually rooted in the recognition of cultural diversity. I feel the incorporation of <i>Women's Ways of Knowing</i> appreciates</p>

	<p>each student's different background, "layered identities" (Tarule, 1997), and addresses the need to teach from the student's perspective. I believe the recognition and emphasis on accepting each person's different way of knowing transfers to a multicultural lens of acceptance and awareness of cultural differences.</p> <p>These frameworks support my assumption that all students are capable of intellectual and cognitive growth with appropriate instructional strategies. I feel a foundation for educational success is a rapport with a professor, which I cultivate through a cooperative, respectful attitude and environment. Therefore, I incorporate multiple instructional strategies (lectures, discussions, small group activities, role-plays, guest speakers, multimedia, and peer presentations) to maintain students' engagement in course material.</p>
Bio	<p>Prior to teaching at the University of Louisiana at Lafayette, Dr. Hermann worked as a Clinical Assistant Professor at the University of Mississippi. She received her doctoral degree in counselor education and supervision with a specialization in marriage and family therapy from the College of William &amp; Mary, master's degree in community counseling from Texas A&amp;M University – Corpus Christi, and her bachelor's degree in economics and management from Rice University.</p> <p>As a professor, Dr. Hermann has integrated her past experiences as a family counselor, co-director of a school-based counseling program for at-risk adolescents, and research on gifted education and couple's relationships into her courses and research agenda.</p>
Courses Taught	<p>COUN 501 - Methods of Inquiry in Counseling Research  COUN 502 - Theories of Counseling  COUN 514 - Counseling Children and Adolescents  COUN 539 - Counseling Practicum  COUN 540 - Counseling Internship</p>
Advising	<p>Master's Level Practicum Student Supervisor (2013-2014)  University of Louisiana at Lafayette, <i>Lafayette, LA</i>  Supervised clinical activities of Clinical Mental Health and Professional School Counseling Practicum Students</p> <p>Master's Level Internship Student Supervisor (2014)</p>

	<p>University of Louisiana at Lafayette, <i>Lafayette, LA</i> Supervised clinical activities of Clinical Mental Health and Professional School Counseling Internship Students</p> <p>Doctoral Student Supervisor (2012) The University of Mississippi, <i>Oxford, MS</i> Supervised counselor education doctoral students' supervision of master's level practicum counseling students.</p> <p>Master's Level Practicum Student Supervisor (2009 – 2010) The College of William &amp; Mary, <i>Williamsburg, VA</i> Supervised clinical activity of Project Empower Graduate Assistants and master's level Community and Marriage &amp; Family Practicum Students</p>
Research Interests	<p>Dr. Hermann's current research interests include the impact of meal preparation on couples and families, the effects of technological changes on communication, the integration of Web 2.0 teaching techniques into higher education, Relational Cultural Theory, and the influence of family of origin on children's social, emotional, and intellectual development.</p>
Teaching Experience	<p>Assistant Clinical Professor, The University of Mississippi, 2012 – 2013</p> <p>Master's level instructor and Doctoral Student Supervisor with a 4/4/2 teaching load in Clinical Mental Health and Professional School Counseling programs at the University of Mississippi's campuses (Oxford, Tupelo, and Southaven).</p> <p>Coordinated master's counseling students' practicum and internship experiences; responded to practicum and internship related inquiries from students, adjunct instructors, and site supervisors; conducted annual supervisor training; and developed other relevant student resources including practicum and internship site tracking database and course information homepage.</p> <p>COUN 643 - Group Procedures COUN 674 - Diagnostic Systems in Counseling COUN 682 - Family Counseling COUN 683 - Counseling Theory COUN 690 - Counseling Skills</p>

	<p>COUN 693 - Practicum in Counseling COUN 695 - Internship in Counseling</p>
<p>Publications</p>	<p>Hermann, K. M. (<i>in press</i>, 2014). Cakewalk hip hop. In S. Degges-White &amp; B.R. Colon (Eds.) <i>Expressive Arts Interventions for School Counselors</i>. New York: Springer Publishing.</p> <p>Hermann, K. M., &amp; Guidry, L. B. (<i>in press</i>, 2014). Retirement celebration DJ playlist. In S. Degges-White &amp; B.R. Colon (Eds.) <i>Expressive Arts Interventions for School Counselors</i>. New York: Springer Publishing.</p> <p>Hermann, K. M., &amp; Lawrence, C. (<i>in press</i>, 2014). Freeze frame. In S. Degges-White &amp; B.R. Colon (Eds.) <i>Expressive Arts Interventions for School Counselors</i>. New York: Springer Publishing</p> <p>Young-Gast, T., Michael, A., Eskridge, T., Hermann, K. M., &amp; Turnage-Butterbaugh, I. (2014). Does a course in wellness education assist undergraduate students on academic probation in college success? <i>The Journal of College Orientation and Transition</i>, 21(2).</p> <p>Holmes, C. M., Hermann, K. M., &amp; Kozlowski, K. (2014). Integrating Web 2.0 technologies in educational and clinical settings: An isomorphic perspective. <i>Journal of Technology in Human Services</i>. 32(1-2), 65-80, DOI: 10.1080/15228835.2013.860363</p> <p>Heward, K. J., Benoit, E. N., Hermann, K. M., Holmes, C. M., &amp; Loyd, J. H. (2013). Conquering ambiguity with creativity: Using creative family counseling interventions with military families. <i>Journal of Military and Government Counseling</i>, 1(3), 177-191.</p> <p>Hermann, K. M., &amp; Benoit, E. N. (2013). Upperclassman: Preparing to launch. In S. Degges-White &amp; C. Borzumato-Gainey (Eds.) <i>College Mental Health Counseling: A Developmental Approach</i>. New York: Springer Publishing.</p> <p>Hermann, K. M., Benoit, E. N., Zavadil, A., &amp; Kooyman, L. (2013). Myriad Faces of College Student Development. In S. Degges-White &amp; C. Borzumato-Gainey (Eds.)</p>

	<p><i>College Mental Health Counseling: A Developmental Approach</i>. New York: Springer Publishing.</p> <p>Hermann, K. M., &amp; Lawrence, C. (2011). The influence of family relationships on gifted students. In T. L Cross &amp; J. Cross (Eds.) <i>The handbook for counselors serving students with gifts and talents: Development, relationships, school issues, and counseling needs/interventions</i>. Waco: Prufrock Press.</p>
Presentations	<p><b>Presentations:</b></p> <p>American Counseling Association 2015 Conference &amp; Exposition, <i>American Counseling Association (ACA)</i>, Transitions Across the Lifespan, Degges-White, S., Killam, W., Hermann, K. M., Greer, C., &amp; Roland, C., 2015.</p> <p>Southern Association for Counselor Education and Supervision Annual Conference, <i>Southern Association for Counselor Education and Supervision (SACES)</i>, Life on the Tenure Line: Application, Acceptance, and Adjustment to Faculty Life, Hermann, K. M., Dewell, J. A., Bailey, C. L., &amp; Lee, K. A., 2014.</p> <p>Louisiana Counseling Association Annual Conference, <i>Louisiana Counseling Association (LCA)</i>, Demystifying the Process: Counseling Children Through Loss, Guidry, L., Hermann, K. H. &amp; Lege, T., 2014.</p> <p>Association for Counselor Education and Supervision Annual Conference, <i>Association for Counselor Education and Supervision (ACES)</i>, Talking the Talk: Texting, Typing, &amp; Communicating in the 21<sup>st</sup> Century Classroom. Hermann, K. M., Michael, A. A., Phipps, R., Roach, K, &amp; Eskridge, T., 2013.</p> <p>Association for Counselor Education and Supervision Annual Conference, <i>Association for Counselor Education and Supervision (ACES)</i>, Fostering Relevance &amp; Reflection: Experiential Activities in the Classroom - Clinical Courses, Bailey, C. L., Heyward, K., Dewell, J., Graham, M., Hermann, K. M., 2013.</p> <p>Association for Adult Aging and Development and Aging Annual Conference, <i>Association for Adult Aging and</i></p>

	<p><i>Development and Aging (AADA)</i>, Don't Stop the Feeling: Application of Relational Cultural Theory to Gerontological Counseling, Hermann, K. M., &amp; Lukow, H. R., 2013.</p> <p>American Counseling Association 2013 Conference &amp; Exposition, <i>American Counseling Association (ACA)</i>, Creativity as a Balm for Ambiguity: Using Creative Family Counseling Interventions with Military Families, Heyward, K., Benoit, E., Hermann, K. M., Loyd, J. H., &amp; Holmes, C. M., 2013.</p> <p>Association for Creativity in Counseling National Conference, <i>Association for Creativity in Counseling (ACC)</i>, Putting It All Together: Three Experiential Group Counseling Methods to Address Spirituality and Religion, Hermann, K. M., &amp; Young, T. L., 2012.</p> <p>Association for Adult Aging and Development and Aging Annual Conference, <i>Association for Adult Aging and Development and Aging (AADA)</i>, Self-Acceptance from the Inside Out, Degges-White, S., &amp; Hermann, K. M., 2012.</p> <p>North Central Association for Counselor Education and Supervision Conference, <i>North Central Association for Counselor Education and Supervision (NACES)</i>, Texting and Typing... Who Are Our Clients and Our Students? Holmes, C. M., &amp; Hermann, K. M., 2012.</p> <p>Southern Association for Counselor Education and Supervision Annual Conference, <i>Southern Association for Counselor Education and Supervision (SACES)</i>, Fostering Relevance &amp; Reflection: Experiential Activities in the Classroom - Clinical Courses, Bailey, C. L., Heyward, K., Dewell, J., Graham, M., Hermann, K. M., 2012.</p> <p>2nd Virtual Conference on Counseling, Second Life® Technology Mediated Relationship Changes, Hermann, K. M., &amp; Holmes, C. M., 2010.</p> <p>National Association for Gifted Children 58th Annual Convention, <i>National Association for Gifted Children (NAGC)</i>, It's All in the Family: The Family System in</p>
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	<p>Counseling the Gifted. Lawrence, C., &amp; Hermann, K. M., 2011.</p> <p>American Counseling Association 2011 Conference &amp; Exposition, <i>American Counseling Association (ACA)</i>, An Innovative Approach to College Student Drinking: On TRACK - Teaching Responsible Alcohol Choices and Knowledge, Russett, J., Gressard, C. F., &amp; Hermann, K. M., 2011.</p> <p>16th National Curriculum Network Conference, Diff'rent Strokes: Unlocking the Mysteries of the Gifted Family. Hermann, K. M. &amp; Lawrence, C., 2011.</p> <p>Southern Association for Counselor Education and Supervision Annual Conference, <i>Southern Association for Counselor Education and Supervision (SACES)</i>, A New Approach to an Old Problem: Program Development for College Drinking, Russett, J., Gressard, C. F., Hermann, K. M., &amp; Meyers, L. P., 2010.</p> <p>Virginia Counselors Association Annual Convention, <i>Virginia Counselors Association (VCA)</i>, A New Lens: Supervision From the View of the Supervisee, Hermann, K. M., Haskins, N. H., &amp; Rodwell, A. C., 2010.</p> <p>Virginia Counselors Association Annual Convention, <i>Virginia Counselors Association (VCA)</i>, Technology and the Impact on Relationships, Holmes, C. M., &amp; Hermann, K. M., 2010.</p> <p>Association for Assessment in Counselor Education 2009 National Assessment and Research Conference, <i>Association for Assessment in Counselor Education (AACE)</i>, What in the World Is Factor Analysis? Doctoral Students' Experiences in Instrument Development, Holmes, C. M., &amp; Hermann, K. M., 2009.</p> <p>American Counseling Association Annual Convention, <i>American Counseling Association (ACA)</i>, Implementing a Model Intervention Program for At-Risk Adolescents: Targeting Alcohol and Substance Abuse, Weaver, D. E., &amp; Hermann, K. M., 2009.</p> <p>Virginia Counselors Association Annual Convention, <i>Virginia</i></p>
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*Counselors Association (VCA), You Can Run But You Can't Hide: Technology in the 21<sup>st</sup> Century*, Holmes, C. M., & Hermann, K. M., 2009.

2009 Virginia Counseling Graduate Student Conference, The College of William & Mary, Meeting the Needs of the New World of Technology, Hermann, K. M., & Holmes, C. M., 2009.

**Invited Presentations/Workshops:**

Southern Association for Counselor Education and Supervision Annual Conference, *Southern Association for Counselor Education and Supervision (SACES)*, I "like" it: Technology & Teaching in the 21st Century Classroom. Hermann, K. M., Holmes, C. M., & Kozlowski, K., 2014.

Acadiana License Professional Counselors Monthly Meeting, *Acadiana License Professional Counselors*, What Could Couples Like? 2014.

Tombigbee Counseling Association Spring Meeting, *Tombigbee Counseling Association*, Everyday Ethical and Legal Practices for Counselors, 2012.

Chi Sigma Iota - Omega Mu Induction, Keynote Address: The Counselor Identity, 2010.

**Roundtable Presentations:**

Southern Association for Counselor Education and Supervision Annual Conference, *Southern Association for Counselor Education and Supervision (SACES)*, To boldly Go: Fostering Creativity and Risk-Taking in Research, Hermann, K. M., & Lawrence, C., 2012.

Southern Association for Counselor Education and Supervision Annual Conference, *Southern Association for Counselor Education and Supervision (SACES)*, Teaching, Supervising, and Technology: Navigating New Systems Through Relationships, Holmes, C. M., & Hermann, K. M., 2010.

**Poster Presentations:**

Association for Adult Aging and Development and Aging Annual Conference, *Association for Adult Aging and*



	<p><i>Development and Aging (AADA)</i>, Bouncing Forward: Promoting Resilience to Aid in Recovery from Traumatic Brain Injury, Lukow, H. R., &amp; Hermann, K. M., 2013.</p> <p>Association for Creativity in Counseling National Conference, <i>Association for Creativity in Counseling (ACC)</i>, Write Your Mind, Sing It Loud: Poetry and Song with Adolescents in Counseling, Stanton, K. B., &amp; Hermann, K. M., 2012.</p> <p>Association for Adult Aging and Development and Aging Annual Conference, <i>Association for Adult Aging and Development and Aging (AADA)</i>, Continuity in Connection: Integrating Cultural Relational Theory in Gerontological Counseling, Hermann, K. M., &amp; Degges-White, S., 2012.</p> <p>Association for Counselor Education and Supervision Conference 2011, <i>Association for Adult Aging and Development and Aging (AADA)</i>, Gifts &amp; Presence: Preparing Counselors for Gifted Clients, Lawrence, C., &amp; Hermann, K. M., 2011.</p> <p>Jean Baker Miller Summer Intensive Institute, A Recipe for Relationships: Couple's Meal Preparation as a Relational Activity, Hermann, K. M., 2011.</p> <p>American Counseling Association 2011 Conference &amp; Exposition, <i>American Counseling Association (ACA)</i>, The Therapeutic Relationship in Online and Face-to-Face Counseling: Past Research and Future Directions, Holmes, C. M., &amp; Hermann, K. M., 2011.</p> <p>Sixth Annual International Interdisciplinary Conference on Clinical Supervision, Listening Intently: What Does Doctoral Supervision Mean to the Supervisee? Hermann, K. M., Haskins, N. H., &amp; Rodwell, A. C., 2010.</p> <p>Southern Association for Counselor Education and Supervision Annual Conference, <i>Southern Association for Counselor Education and Supervision (SACES)</i>, Doctoral Supervision: What Does It Mean to the Supervisee?, Hermann, K. M., Haskins, N. H., &amp; Rodwell, A. C., 2010.</p>
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	<p>Association for Counselor Education and Supervision Conference 2009, <i>Association for Counselor Education and Supervision Conference (ACES)</i>, I Can't Believe the Impact We Are Going to Have on Helping to Grow New Counselors... IT IS A MONUMENTAL TASK: Doctoral Reflections on Becoming Supervisors. Hermann, K. M., Holmes, C. M., Haskins, N. L., Joachim, K. C., &amp; Meyers, L. P., 2009.</p> <p>Virginia Counseling Graduate Student Conference, The College of William &amp; Mary, Counseling to Combat Poverty Induced Malnutrition, Hermann, K. M., 2009.</p>
Conferences Attended	<p>American Counseling Association 2015 Conference &amp; Exposition, Orlando, FL, <i>American Counseling Association (ACA)</i>, scheduled, 2015.</p> <p>Southern Association for Counselor Education and Supervision Annual Conference, Birmingham, AL, <i>Southern Association for Counselor Education and Supervision (SACES)</i>, scheduled, 2014.</p> <p>Louisiana Counseling Association Annual Conference, New Orleans, LA, <i>Louisiana Counseling Association (LCA)</i>, 2014.</p> <p>Association for Adult Aging and Development and Aging Annual Conference, Arlington, VA, <i>Association for Adult Aging and Development and Aging (AADA)</i>, 2014.</p> <p>Independent Applying Quality Matters™ Rubric Training, Lafayette, LA (online), 2014.</p> <p>Louisiana Association for Play Therapy Annual Conference, New Orleans, LA, <i>Louisiana Association for Play Therapy (LAPT)</i>, 2014.</p> <p>American Counseling Association 2013 Conference &amp; Exposition, Cincinnati, OH, <i>American Counseling Association (ACA)</i>, 2013.</p> <p>Association for Counselor Education and Supervision Annual Conference, Denver, CO, <i>Association for Counselor Education and Supervision (ACES)</i>, 2013.</p>

	<p>Association for Adult Aging and Development and Aging Annual Conference, New York, NY, <i>Association for Adult Aging and Development and Aging (AADA)</i>, 2013.</p> <p>DSM-5®: Revolutionizing Diagnosis &amp; Treatment, Memphis, TN, <i>CMI Education Institute</i>, 2013</p> <p>Southern Association for Counselor Education and Supervision Annual Conference, Savannah, GA, <i>Southern Association for Counselor Education and Supervision (SACES)</i>, 2012.</p> <p>Association for Creativity in Counseling National Conference, Memphis, TN, <i>Association for Creativity in Counseling (ACC)</i>, 2012.</p> <p>Association for Adult Aging and Development and Aging Annual Conference, Williamsburg, VA, <i>Association for Adult Aging and Development and Aging (AADA)</i>, 2012.</p> <p>Human Subjects Research – Social-Behavioral-Educational (SBE) Modules, Oxford, MS (online), <i>Collaborative Institutional Research Initiative (CITI)</i>, 2012.</p> <p>Web-Enhanced Instructor Training, Oxford, MS (online), <i>Office of Online Design and eLearning</i>, 2012.</p> <p>Association for Counselor Education and Supervision Conference, Nashville, TN, <i>Association for Counselor Education and Supervision (ACES)</i>, 2011.</p> <p>National Association for Gifted Children 58th Annual Convention, Orleans, LA, <i>National Association for Gifted Children (NAGC)</i>, 2011.</p> <p>Jean Baker Miller Summer Intensive Institute, Boston, MA, 2011.</p> <p>American Counseling Association 2011 Conference &amp; Exposition, New Orleans, LA, <i>American Counseling Association (ACA)</i>, 2011.</p> <p>16th National Curriculum Network Conference, Williamsburg, VA, 2011.</p>
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	<p>Southern Association for Counselor Education and Supervision Annual Conference, Williamsburg, VA, <i>Southern Association for Counselor Education and Supervision (SACES)</i>, 2010</p> <p>2nd Virtual Conference on Counseling, Second Life® Online, 2010.</p> <p>Sixth Annual International Interdisciplinary Conference on Clinical Supervision, Garden City, NY, 2010.</p> <p>Virginia Counselors Association Annual Convention, Williamsburg, VA, <i>Virginia Counselors Association (VCA)</i>, 2010.</p> <p>Association for Assessment in Counselor Education 2009 National Assessment and Research Conference, Norfolk, VA, <i>Association for Assessment in Counselor Education (AACE)</i>, 2009,</p> <p>American Counseling Association 2009 Conference &amp; Exposition, Charlotte, NC, <i>American Counseling Association (ACA)</i>, 2009.</p> <p>Virginia Counselors Association Annual Convention, Williamsburg, VA, <i>Virginia Counselors Association</i>, 2009.</p> <p>2009 Virginia Counseling Graduate Student Conference, Williamsburg, VA, 2009.</p>
Professional Memberships	<p>American Counseling Association (ACA) (2008 - current)</p> <p>Association for Counseling Educational and Supervision (ACES) (2009 - current)</p> <p>Southern Association for Counselor Education and Supervision (SACES) (2010 - current)</p> <p>The Association for Creativity in Counseling (ACC) (2011 - current)</p> <p>International Association of Marriage and Family Counselors (IAMFC) (2011 - current)</p> <p>Association for Adult Development and Aging (AADA) (2012 - current)</p> <p>Louisiana Counseling Association (LCA) (2014 - current)</p> <p>Association for Assessment in Counseling Education (AACE)</p>

	<p>(2009 - 2014)</p> <p>Mississippi Counseling Association (MCA) (2012-2013)</p> <p>Virginia Counseling Association (VCA) (2009 - 2011)</p> <p>Texas Counseling Association (TCA) (2007 - 2008)</p> <p>Graduate Student Association – TAMUCC (2006 - 2008)</p> <p>Gulf Coast Counseling Association (2007 - 2008)</p> <p>Texas Association for Play Therapy, Coastal Bend Chapter (2008)</p> <p>Costal Bend Chapter of Marriage and Family Therapy (2008)</p> <p>TAMUCC Counseling Research team (2008)</p>
Awards	<p>University of Louisiana at Lafayette, Patrick Rutherford/BORSF Professorship in Education (2014 – 2017)</p> <p>University of Louisiana at Lafayette, Graduate Faculty Level II Appointment (2014 - 2018)</p> <p>Association for Adult Development and Aging (AADA), Certificate of Appreciation (2014)</p> <p>Chi Sigma Iota, Counseling Honor Society (2007 - current)</p> <p>Jean Baker Miller Training Institute (JBMTI), Summer Intensive Institute Scholarship Recipient (2011)</p> <p>Southern Association of Counselor Educators (SACES), Emerging Leader (2010)</p> <p>Kappa Delta Pi – Education Honor Society (2009 - 2010)</p> <p>The College of William &amp; Mary School of Education Fellowship Recipient (2008 - 2009)</p> <p>Texas A &amp; M University – Corpus Christi, Master of Science Graduate with 4.0 GPA (2008)</p> <p>Texas A &amp; M – Corpus Christi, College of Education, Graduate Student Scholarship Recipient (2006)</p>
Additional Skills	<p>University of Louisiana at Lafayette, ULearn Certified Course Designer (2014)</p>
Dissertation	<p>A Recipe for Relationships: A Qualitative Investigation of Couples' Relational Interactions During Meal Preparations</p> <p>A considerable percentage of couples experience relational dissatisfaction. As a result, many couples seek counseling services, yet they often lack the time and a consistent activity to apply clinically acquired skills, establish new habits, and make sustained changes. This study proposed that conjoint meal preparations could provide couples with a daily activity in which to engage that may have long-term relational</p>

	<p>benefits.</p> <p>To investigate this activity the researcher employed a multiple case study research strategy, interpretivist paradigm, and grounded theory analysis to investigate multiple interviews and observations from four purposefully selected couples. Results of analysis uncovered three cross-case themes: Relationship Development, Kitchen Safety, and Coalescence. Following the analysis of descriptive data, the researcher applied a Relational Cultural Theory (RCT) framework to better understand the multidimensional relational components of this activity. The result of the researcher's own reflection and analysis of the data was the development of a theory on the couples Cycle of Engagement in conjoint meal preparation, which describes the participants' cyclical, recursive pattern of engagement in meal preparations stimulated by their positive relational experiences, interest in cooking, and desire to connect.</p> <p>As a result of uncovering the positive outcomes of conjoint meal preparations, the researcher describes implications for the field of counseling, since the relative accessibility of this activity could enable couples to integrate cooking activities into their current lifestyle without adding additional time or financial constraints providing potential therapeutic benefits outside of traditional talk-therapy modalities.</p> <p>Advisor: Charles R. McAdams, III, Ph.D.</p>
Other Professional Experience	<p>Counselor, University Counseling Center, The University of Mississippi, <i>Oxford, MS</i> (2013)</p> <p>Provided weekly individual and couples counseling services to University of Mississippi students and employees.</p>
Service	<p><b>National Service:</b></p> <p>Association for Adult Development and Aging (AADA), Interim Treasure (2014)</p> <p>Association for Adult Development and Aging (AADA), 2014 Conference Program Chair (2014)</p> <p>Association for Adult Development and Aging (AADA), Awards Committee Chair (2014)</p> <p>American Counseling Association (ACA) Connect (Online Open Forum), AADA Division Community moderator (2014)</p>

	<p><b>University Service:</b> School of Education Technology Committee, Member, <i>The University of Mississippi</i> (2012 - 2013) School of Education Wish List Committee, Member, <i>The University of Mississippi</i> (2012)</p> <p><b>Editorial Service:</b> Editorial Board, <i>Journal of Creativity in Mental Health</i> (2013 - current) Editorial Board, <i>ADULTSPAN Journal</i> (2014) Invited Submission Reviewer, <i>Journal for the Education of the Gifted</i>. (2012, 2013, 2014) Invited Submission Reviewer, <i>ADULTSPAN Journal</i>. (2013) Annual Conference Proposal Submission Reviewer, <i>American Counseling Association (ACA)</i> (2012, 2013) Invited Dissertation Proposal Reviewer, <i>The College of William &amp; Mary, Dept. of Counselor Education</i> (2012)</p>
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