

2009 - 2011  
Code: 2474

**Kinesiology -- Health and Physical Education**  
**Grades K - 12**

**Bachelor of Science**

**Freshman Year**

EDCI	100	Orientation to Teacher Educ.	3	BIOL	110	Fundamentals of Biology I	3
EDFL	106	Introduction to Education	3	CMCN	200	Public Speaking	3
ENGL	101	Intro. to Academic Writing	3	ENGL	102	Writing/Research Culture	3
KNES	101	Introduction to Kinesiology	3	HIST	221/222	United States to/from 1877	3
KNES	110	Concepts of Fitness/Wellness	2	KNES	205	Tech. in Hlth & Kinesiology	3
MATH	105	College Algebra <sup>1</sup>	3	PSYC	220	Educational Psychology	3
			<u>17</u>				<u>18</u>

**Sophomore Year**

BIOL	220	Intro. to Anatomy & Physiology	3	HLTH	312	Wellness	3
BIOL	221	Anatomy & Physiology Lab	1	KNES	305	Motor Behavior & Control	3
HLTH	218	Chemical Substance Abuse	3	KNES	226	Skills & Tech.: Dance	2
KNES	215	Rhythm/Stunts/Tumbling	2	KNES	310	Anatomical Kinesiology	3
STAT	214	Elementary Statistics	3	THEA	300	Activities in Dramatics	3
		Elective - AHBS <sup>2</sup>	3			Elective (CHEM,GEOL,PHYS)	3
			<u>15</u>				<u>17</u>

**Junior Year**

KNES	301	Kinesthetic Methods Elem.	3	EDCI	450	Classroom Management	3
KNES	303	Physiology of Exercise	3	HLTH	313	School Health Educ. Strat.	3
KNES	304	Physiology of Exercise Lab	1	KNES	306	P.E. for Individ.Disabilities	3
KNES	322	Skills & Tech.: Racquet Sports	2	KNES	350	Skills & Tech.: Life/Cont.	2
KNES	360	Theory of Athletic Coaching	2	KNES	400	Measure/Evaluation	4
PSYC	313	Lifespan Developmental Psych.	3			Elective (HLTH/KNES) <sup>3</sup>	3
		Elective (HLTH/KNES) <sup>3</sup>	3				<u>18</u>
			<u>17</u>				

**Senior Year**

EDCI	427	Teaching in Diverse Society	3	EDCI	488	Student Teaching K-12	9
KNES	449	Secondary H & PE Methods	3	Elective		Literature <sup>4</sup>	3
KNES	402	Organization & Administration	3				<u>12</u>
KNES	415	Biomechanics	3				
READ	409/410	Reading - Elem., Middle, Sec.	3				
			<u>15</u>				

**Total Credits: 129**

<sup>1</sup> ACT score of 17-18 take MATH 092; ACT 19-20 take MATH 100; ACT of 21 or higher take MATH 105

<sup>2</sup> Select a 3-credit course from Arts, Humanities or Behavioral Science in consultation with your advisor.

<sup>3</sup> Any 3-credit 3xx or 4xx course in either HLTH or KNES

<sup>4</sup> Any American Literature (205 or 206) or British Literature (201 or 202)

**Praxis Exam Requirements:** Students must pass the Praxis I PPST exams (Reading, Writing, Math) or submit an ACT composite score of 22 or higher. Students must also pass the Health & Phys. Ed. content exam, 0091 and the PLT exam 0522 or 523 or 524 prior to Student Teaching.